

**The Colorado Adolescent
Maternity Program, CAMP,
provides:**

Innovative, evidence based
care to pregnant/parenting
adolescents and their families.

Through this comprehensive
program CAMP creates a safe
and supportive environment
to meet the medical,
psychosocial, and nutritional
needs unique to this
population.

We empower and support our
patients in a time of transition
through advocacy, education,
clinical care, and research,
assisting them in becoming
successful parents and
productive adults.

Colorado Adolescent Maternity Program
(CAMP)
13123 E 16th Ave
Aurora, CO 80045
Phone (720) 777-2267

Young Mother's Clinic
(CAMP II)
13123 E 16th Ave
Aurora, CO 80045
Phone (720) 777-2776

COLORADO ADOLESCENT MATERNITY PROGRAM

Supporting young
families to build a
bright future.





CAMP at The Children's Hospital

- ✓ OB/GYN care provided by midwives who specialize in teen care. On-site GYN and High Risk OB consultation available.
- ✓ Help with Medicaid, WIC, and other assistance agencies
- ✓ Counseling with staff that understands young mother's concerns
- ✓ Nutrition support by a Registered Dietician
- ✓ Free classes on topics including Breastfeeding, Family Planning, Labor & Delivery, Infant Care, and Parenting.
- ✓ We accept all major health insurance and will help you get insurance if you don't have any yet.
- ✓ Doula support available for Labor and Delivery
- ✓ 22 years and younger



Come join our family.



We are dedicated to giving adolescents the support they need to build a healthy family.



CAMP II

Young Mother's Clinic at The Children's Hospital Denver

- ✓ Infant and Child care provided by practitioners who know the needs of young mother's and their babies.
- ✓ Birth control management tailored to each young mom's needs.
- ✓ Resources available to cope with family, friends, and parenthood stresses.
- ✓ Advocating for young parents and patients.
- ✓ Same day appointments available for sick children or mothers
- ✓ Counseling with staff that understands young mother's concerns
- ✓ Nutrition support by a Registered Dietician



The Children's Hospital

Pediatric and Adolescent Gynecology

SURGICAL SPECIALTIES

Program Overview

At The Children's Hospital, physicians and staff are specially trained in age-appropriate gynecological examination, prepubertal injuries and infections, the variations in normal prepubertal anatomy and physiology, and in communicating with children and adolescents and their families in a caring and sensitive way. The program is the regional leader in the treatment of chronic pelvic pain and chronic vaginitis in kids and teens. The Children's Hospital is consistently ranked one of the nation's best hospitals for the care of children by U.S. News & World Report.

Why are specialized pediatric gynecological services needed?

Nearly one in ten adolescent females have a sexually transmitted disease (STD). Many young girls are reaching puberty at earlier ages than their mothers. The occurrence of polycystic ovary syndrome (PCOS) is increasing in the adolescent population. Injury or infections in the prepubescent female are unique because of the unestrogenized state of the tissues of the introitus, hymen and vagina.

What clinical services are offered through The Children's Hospital?

Issues involving pediatric vulva disorders, menstrual disorders, ovulation dysfunction, contraception, and cervical dysplasia, pelvic pain and adnexal masses are addressed. Consultations to primary care physicians are available concerning pediatric or adolescent gynecological problems, management of referred patients, and treatment for

- Heavy, frequent or painful menstrual periods
- Signs of precocious sexual maturation
- Signs of delayed sexual maturation
- Chronic genital rashes or itching
- Vaginal discharge



- Ovarian cysts or pelvic masses
- Abdominal pain, pelvic endometriosis
- Birth defects or injuries involving the reproductive organs

What procedures are available?

Surgical procedures include vaginoscopic evaluation of genital bleeding, laparoscopic evaluation of abdominal pain and treatment of endometriosis, congenital anomaly revision of the genital tract, repair of traumatic genital tract lacerations and removal of ovarian tumors with preservation of remaining ovarian function. Procedures are

performed with special equipment to minimize discomfort in young children and teens. In all surgical procedures, emphasis is on the preservation of fertility and reproductive function and the emotional well-being of the patient.

Who leads this program at Children's?



Stephen Scott, MD

Stephen Scott, MD, chairman of Pediatric Gynecology, and Judy Mikacich, MD meet the changing gynecological needs of the pediatric and adolescent populations. Their specialties include laparoscopic evaluation of pain and ovarian masses, treatment of vaginal bleeding disorders, treatment of chronic pelvic pain, abnormal pap smears, treatment of persistent vaginal infections.



Judy Mikacich, MD

William Schlaff, MD, Director of the Division of Reproductive Medicine at the University of

Colorado Denver, is also available for consultation and treatment of congenital anomalies of the vagina and upper reproductive tract.

When should a referral occur?

When symptoms are persistent or unresponsive to general treatment or medically difficult, or in the case of traumatic injury. Referrals are accepted through primary care physicians or through patient self-referral.

Are additional services offered?

Educational and teaching sessions are offered for both patient and parent about specific conditions, wellness and prevention, sexual and contraception issues. Collaboration among The Children's Hospital Adolescent Medicine physicians and other professional staff provide ancillary services such as psychosocial counseling and the evaluation and treatment of related urological, gastrointestinal or endocrine conditions.

Family-centered postpartum care is offered for new moms, that live outside of Denver, whose babies are admitted to the newborn intensive care unit (NICU). Trips home to their own care provider can be inexpedient and difficult for new moms with newborns in the hospital. The availability of high-quality, convenient OB/GYN care just downstairs from the newborn nurseries eases some of the stress and concern for the family around the birth of their newest member.

What insurance is accepted?

The Children's Hospital accepts almost 100 different insurance carriers. A full list is available on the hospital's Web site at www.thechildrenshospital.org

What number can be called for a consultation or an appointment?

Physicians and healthcare providers can call One Call at (720) 777-3999 or (800) 525-4871 for 24-hour consultation, referral or admission assistance. To schedule an appointment, please call (720) 777-2667 Monday through Friday, 8 a.m. to 5 p.m.

